

HAIR EXTENSION GUIDE



By

heidixxon

HAND-TIED – WASHING YOUR HAIR

1. Before you hop in the shower, be sure to prep your hair by thoroughly brushing it to remove any tangles.
This helps prevent extra tangling during the washing process and ensures the entirety of your hair gets evenly cleansed.
2. Once you are ready to wash, dampen all of your freshly brushed hair with lukewarm water and a sulfate-free and paraben-free salon-quality shampoo.
Avoid rubbing the ends of the hair together while washing – this can cause extra tangling!
3. Next, add conditioner throughout and leave in as directed or for 5-7 minutes.
Extensions need to stay hydrated, so it's crucial to condition your hair well every time you wash it!

NOTE // Be sure to totally rinse away all excess shampoo and conditioner. You may find that washing your hair with extensions takes longer and requires more effort to clean effectively. Give yourself enough time to thoroughly complete this process. We don't suggest washing/drying your hair when you are in a big hurry as the process tends to take a while if done correctly!

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DRYING YOUR HAIR

1. Start by gently squeezing out the excess water with your hands.

When you are ready to step out of the shower, squeeze it again with a cotton towel wrapped around the length of your hair.

Do this a few times until hair feels damp rather than soaked.

I recommend gently detangling your hair with a wide tooth comb or a soft bristle brush.

NOTE // It is so important to ALWAYS hold your hair in place with one hand at the installation point and brush carefully with the other hand!

You want to take extra care to not harm the integrity of your hair or disturb the point of installation on your head!

2. Next, blow dry your hair one section at a time using a brush and low heat. Do not rough dry or “tornado dry!” Having your beautiful new extensions blow all over like that will cause major tangles!

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STYLING YOUR HAIR

You can style your Remy human hair using a boar's hair bristle brush. You can also use heat tools such as a flat iron or curling iron.

It is imperative to brush your hair extensions DAILY! While brushing, hold the base of your scalp where your extensions are attached to the natural hair and brush with the other hand.

For best results, we recommend the following when caring for your extensions:

- Use only sulfate-free and paraben-free, salon-quality products
- Use spray leave-in-conditioner or moisturizer on extensions to keep them from tangling or drying out
- Braid your extensions before sleeping on them
- Always dry your hair before going to bed
- Sleep on a silk pillow case

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SUMMER + YOUR HAIR

Summer fun usually means pool parties and beach trips, but please proceed with caution! We love the beach or poolside as much as the next person, but it's vital to consider the following steps to protect your hair if you choose to dive in:

1. Prep your hair by wetting it with clean water from a shower before entering an ocean, lake, or pool.
 2. Comb and wrap your hair in a tight, secure bun before entering the water.
 3. Rinse your hair immediately in a shower after leaving the water.
 4. For an extra measure of protect, wash your hair with a clarifying shampoo after water activities to remove all impurities that may cause damage to the hair. Then, follow with your regular hair extensions care routine of shampoo, conditioner, and leave-in products.
- **NOTE** // We urge you to use caution when using sunscreen around your hair extensions! Some sunscreens (including spray sunscreen) contain chemicals that can cause discoloration to the hair. We suggest a vegan or all-natural, non-aerosol sunscreen to prevent discoloration. It's also a great idea to secure your hair in a bun, ponytail, or braid to keep it from rubbing the sunscreen on your back and shoulders!

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